FAMILY FUN IN DERBY

Summer/Autumn 2018

Loads of great children’s activities

SEE INSIDE FOR SCHOOL HOLIDAY PROGRAMME
Welcome

Hi everyone, I’m Kix and now that Summer’s here I can’t wait to get outside and play all my favourite sports. Derby Parks will be the place to be while the weather is nice. Fellow Six member, Stix will be at Markeaton Park enjoying the massive paddling pool, crazy golf and boating on the lake; not to mention our annual Superhero Picnic in the Park.

Our leisure centres have got all sorts of activities going on, especially during the holidays. Trix can’t wait for the DCFC activity camp at Derby Arena. Check out the full programme in our pull-out guide in the centre of this booklet.

Fellow Six member, Vix, has always got her head stuck in a book so she’s really excited about this year’s Summer Reading Challenge which is based on the Mischief Makers. Head down to your local In Derby library to find out more.

Flix has already got her tickets to the Outdoor Theatre and Cinema season, make sure you get yours too as they’re selling fast!

All the gang are planning on having loads of fun this summer, hope you can join us!

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How to book

Our Sales & Information team are based on the Market Place, call them on 01332 640640 or drop in for more information or to book. Many activities can also be booked online. See p39 for other ways to get in touch.

Don’t miss our Derby Active guide and Derby LIVE What’s On guide
MEET THE SIX

The Six are a group of friends who live in Derby and love all the great activities on offer around the city. Join them in Derby’s parks, leisure centres, libraries and the Guildhall Theatre for loads of fun things to do.

Look out for them around the school holidays when there will be special programmes of activities across our facilities. The programmes for the Summer, October and Christmas holidays can be found in the centre of this booklet.

You can also find The Six online at inderby.org.uk/six with lots of great games, colouring sheets and fun things to do.

Clix is the leader of The Six, she finds out about all the great activities on offer in Derby and posts them on the website and social media.

Flix loves going to the cinema and the theatre. Lucky there’s some great shows on at the Guildhall Theatre.

Vix loves to find out about new things. She’ll be doing loads of cool activities in Derby Libraries including computer programming at Code Club.

Stix hangs out in the park all the time because there’s so much to do. Markeaton Park has a great play centre and he loves the BMX track at Alvaston.

Kix is into all kinds of sport. Come and join him at Derby Arena and Queen’s and Springwood Leisure Centres for swimming, badminton, footie and more!

Trix loves cycling and spends loads of time at Derby Arena where he can ride the 42 degree track and keep fit in the gym and on the courts.
SWIMMING

At Queen’s Leisure Centre we have great opportunities for children to learn to swim and for the family to be active together. Take a look at our pool programme at ilderby.org.uk/swim, which offers plenty of opportunity to swim as a family whether it’s for fun, relaxation or to keep fit.

PUBLIC SWIM
These sessions are for everyone - enjoy swimming at your own pace. Families can enjoy the pool together in this open session.

FAMILY SPLASH
Great family fun with floats and pool toys. Come along with your friends or family to enjoy the water - make waves, splash, dive and float.

DISABLED SWIMMERS
For adults and children with disabilities we have spacious disabled changing rooms and pool hoists. Admission is free for carers helping a disabled person take part in an activity and disabled swim lessons.

ADULT & CHILD
As a baby, your child can start learning the fundamentals of swimming. Adults with children under 5 years can come along to our fun Adult and Child sessions. There are toys and floats for the children to enjoy, which helps build their confidence in water.

LEARN TO SWIM  See p6 for our range of swimming lessons
POOL PROGRAMME
Queen’s Leisure Centre

We have a great range of different swimming sessions available to suit everyone. Look out for family splash and adult & child sessions as well as our public swim session which is open to everyone. Our programme does change from time to time so check online for the most up to date times. The full programme is available at ilderby.org.uk/swim or you can call 01332 641444 to find out about the best sessions for you.

UNDER 8s POLICY  We operate a policy for ratio admission of children of a certain age with an adult to swim in our pools. Check ilderby.org.uk/swim for more details.

SPLASH PARTIES
AT QUEEN’S LEISURE CENTRE

SCHOOL HOLIDAY POOL PROGRAMME
We offer a fantastic fun-filled holiday programme, find out more on page 17 or visit ilderby.org.uk/holidays.

DID YOU KNOW? Children under 5 can swim for FREE in public swim sessions

01332 641444 (see inside back cover for other ways to get in touch)
Our Learn to Swim programme at Queen’s Leisure Centre provides the opportunity for everyone regardless of age or ability to learn to swim at their own pace and achieve their own goals. Our qualified swim teachers will progress your child through the Amateur Swimming Association (ASA) framework.

**UNDER 5s**

**Ducklings - 3 months to 5 years**

The Ducklings Awards are designed to help children to explore and enjoy the fun of learning to swim. With the help of their parents/carers, your child will develop confidence both in and out of the water, whilst working towards the Duckling Awards.

**SWIMMING FOR DISABLED CHILDREN**

We offer Learn to Swim lessons for disabled children of all abilities. Whether your child would prefer to learn as part of a group or on a one-to-one basis, we will provide the necessary stepping stones to help them build their confidence and have fun in the water.

**4 TO 16 YEARS**

Our lessons cover a range of topics, including water confidence, stamina, stroke technique and much more.

All lessons are delivered based on the ability of each individual, so regardless of your child’s experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.

**Levels 1 - 7** For non-swimmers, from their first splash to becoming confident and having fun in water.

**Levels 8 - 10** Discipline-specific and are taught to young people who want to take up competitive swimming, water polo, synchronised, or diving.

To book your lesson call 01332 641444 or visit indsay.org.uk/learntoswim
NEW SWIMMING POOL

Plans for Derby’s New Swimming Pool Complex on the Moorways site are continuing to move ahead.

The ambitious project is planned to include a swimming pool, learner pool, leisure water, sauna & steam, gym, exercise studios, soft play and multi-use rooms.

To find out more visit ilderby.org.uk/newpool
Do you want to try something different? Ride the track at Derby Arena, feel the energy rush and excitement as you ride the 42° incline. If you’re aged 12 (9 for family taster sessions) and over, why not come to Derby Arena and have a go?

Our highly-trained and experienced cycling instructors will be on hand to take you through the different stages to make you a confident rider.

To find out more and book your Stage One Track Cycling Taster session visit derbyarena.co.uk/cycling or call 01332 640011

SCHOOL HOLIDAYS
We have family sessions during school holiday periods, see page 17.

cyclederby.co.uk

Cycle Derby offer a wide range of cycling opportunities for children and the whole family to enjoy. At cyclederby.co.uk you’ll find a wealth of information to help you get started with cycling, find out about cycle routes, cycling events & races and much more.

HOLIDAY ACTIVITIES
Each school holiday there are a variety of cycling activities on offer, often at Derby Arena or Markeaton Park. Visit cyclederby.co.uk for details.

BIKEABILITY
Bikeability cycling lessons and some after-school clubs are provided by Cycle Derby at Derby schools. Contact your school to find out what’s available.
Our sports centres and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your family to enjoy. We have rackets and balls available to hire. For prices, more information or to book visit [inderby.org.uk/sports](http://inderby.org.uk/sports) or [inderby.org.uk/parks](http://inderby.org.uk/parks) or call 01332 641234.

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<th></th>
<th>Derby Arena</th>
<th>Moorways Stadium</th>
<th>Parks</th>
<th>Springwood Leisure Centre</th>
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**Sports Pitches**

**ARTIFICIAL GRASS PITCH BOOKINGS**

**ONLY £15 A HOUR**

Sun 1 Apr - Sun 30 Sep 2018

**Moorways Stadium**

Mon - Fri 9am - 4pm  
Sat & Sun 9am - 1pm

**Springwood Leisure Centre**

Mon - Fri 9am - 4pm  
Saturday 2pm - 7pm

To book visit [inderby.org.uk/pitches](http://inderby.org.uk/pitches) or call 01332 664433  
T&Cs: One-off bookings only.
Anyone for tennis?

Book a court at Markeaton Park
Open every day 8am to 6pm
(daylight dependant)

1 hour session
Mon - Fri £5
Sat & Sun £7.20
Free courts are available at certain times, check the website for availability.

To book a court visit: ingerby.org.uk/tennis

MOORWAYS

RUN PASS

Unlimited use of the floodlit running track
ONLY £30 FOR 3 MONTHS

Available
Mon - Thu 10am - 8pm
Fri 10am - 7pm
Sat & Sun 9am - 3pm
Parking, changing rooms and showers on site.

Terms and conditions apply, not available during events.

Buy online
inderby.org.uk/run

inderby.org.uk/active
COACHING

There are lots of activities for children to take part in at our leisure facilities, including term-time coaching courses. Some courses are delivered by our own staff and others by clubs. These courses will encourage children to be active and learn new skills.

<table>
<thead>
<tr>
<th>Derby Arena</th>
<th>Moorways Stadium</th>
<th>Queen’s Leisure Centre</th>
<th>Springwood Leisure Centre</th>
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<td>Gymnastics</td>
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<td>Martial arts</td>
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Please contact the individual leisure centres to find out more and how to book or visit nderby.org.uk/coaching

FACILITY HIRE

Do you run a local team or group and are looking for a venue? We can accommodate block bookings, competition events or one day activity sessions. Call 01332 641234 or email leisure@derby.gov.uk
Our gymnastic programme aims to ensure that every participant achieves their full potential whilst enjoying our coaching programme, which follows the British Gymnastics award scheme. There are sessions available for all ages, from walking-age up to 16 years.

For availability and prices call Springwood Leisure Centre on 01332 664433 or visit nderby.org.uk/gymnastics

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<tr>
<th>Beginner four to six year olds</th>
<th>Intermediate seven to ten year olds</th>
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<td>Tuesdays, 4pm - 5pm</td>
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<td>Thursdays, 4pm - 5pm</td>
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<td>Saturdays, 9am - 10am</td>
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<th>Beginner seven to ten year olds</th>
<th>Advanced seven to ten year olds</th>
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<td>Saturday, 10am - 11am</td>
<td>Tuesdays, 6pm - 7:30pm</td>
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<td>Thursdays, 6pm - 7:30pm</td>
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<td>Saturdays, 12 noon - 1:30pm</td>
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Our trampolining courses provide a safe environment for children to learn new skills and increase their confidence on the trampoline. Suitable for ages between seven and 16. Our classes follow the British Gymnastics Trampolining Award Scheme.

Trampolining courses run continuously throughout the year. Taster sessions are available. Call 01332 664433 to book yours.
Our sessions introduce your little one to gymnastics in a fun and challenging way by exploring the soft play and gymnastics equipment. Children will start to learn basic fundamental movements which are the building blocks for a wide range of sports and will start to develop their confidence. As they grow, children will increase their strength and flexibility through fun themed activities.

Visit nderby.org.uk/gymnastics or call 01332 664433 for more information.

Walking-age to three year olds
Parents participate
Tuesdays, 11:45am - 12:45pm
Wednesdays, 11:45am - 12:45pm

Age three to fifth birthday
Tuesdays, 10:45am - 11:45am
Tuesdays, 1:30pm - 2:30pm
Wednesdays, 10:45am - 12:45am
Wednesdays, 1:30pm - 2:30pm

SPRINGTOTS SESSION
Try for only £1 with this voucher
Terms & conditions apply. See nderby.org.uk/offers.
Offer expires 30/9/18
Call 01332 664433 to book your space at Springwood Leisure Centre

BOUNCY CASTLE & SOFT PLAY
Join us at Springwood Leisure Centre with your little ones and have great fun together on the bouncy castle and soft play equipment. Parents participate in the session with their child.

Age 0 to six years
Thursdays 9.30am - 11.30am

£3 each child. Booking is advised, call 01332 664433.
Fun, free Live IT programme
Many parents in Derby are concerned about their children’s health and diet and may be unaware of the weight management support available to them for FREE.
In partnership with Derby County Community Trust, Livewell offers a fun 12-month programme for children aged five to 17 years called Live IT, which combines healthy eating messages with exciting ways to keep fit.

Making life easier for parents
Stephanie Thompson who leads the Live IT programme said: “We love to motivate kids to move and educate them on what they’re eating and drinking with the aim of making parents’ lives a lot easier at meal times. We also offer support for parents on how to help their child achieve and maintain a healthy weight by making healthier choices, getting more active as a family and spending less time sitting.”

Kalina’s story
Kalina has been on the Live IT programme for nine months. In that time she’s lost weight, improved her physical activity levels and her supportive parents have got behind her. Although, as a family, they’ve always tried to eat healthily, Kalina’s attendance at these sessions has helped her to make better food choices as well as take an interest in new recipe ideas. As a result, she has been encouraging them all to try healthier foods.

Kalina’s dad Joe said: “Kalina started the programme after being recommended to the sessions by her school. She enjoys it and is excited to come every week to see her friends and take part in the games. Kalina has improved her fitness levels and is certainly very motivated. She swims twice a week, attends the Live IT club and has tried new clubs at school too. Kalina encourages us to go to the gym on a Saturday morning, so it’s great for all of us.”

Interested?
Parents/carers can find out more through meetings at Oxygen Freejumping Trampoline Park where they can chat to the team whilst their child enjoys a free bounce. To find out more and to sign up, go to livewellderby.co.uk
UNDER FIVES

We’ve got plenty on offer to keep you and your under 5s occupied. From walks in the park or bouncing in our soft play sessions to storytime at the library or laughing along with our family panto.

DERBY ACTIVE

Start your child’s love of swimming from 3 months old with our Adult & Child sessions. Our Learn to Swim programme also starts from 3 months with Ducklings (see p6 for more). We also have Splash sessions for the whole family to enjoy.

On the drier side, at Springwood Leisure Centre we have Bouncy castle and soft play sessions on Thursdays at 9.30am, and the Springtots gymnastics programme.

LIBRARIES

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have board books, picture books, story books, audiobooks, ebooks, and much, much more! Bookstart is a national scheme giving free books to pre-school children – find out more on our website.

We run free Cradle Clubs and Shake, Rattle and Rhymetime sessions - visit our website for details of when and where each session takes place.

PARKS

A walk in the park is a great way to keep fit and meet up with friends. Most of our parks have play areas, the Mundy Play Centre at Markeaton Park has the most on offer, with the pirate ship, paddling pool and the Orangery Café to take a break.

If you’re looking to really get active, try Buggy Babes at Darley Park Mondays at 2pm or Thursdays at 10:30am, a great way to meet new mums and get fit at the same time.

DERBY LIVE

Your child’s first visit to the theatre is a magical time. We have a range of family shows at the Guildhall Theatre throughout the year. There’s also fun for the whole family with the the annual pantomime at Derby Arena, for 2018 it’s Jack and the Beanstalk. See p40 & 41 for more.
SUPERHERO PICNIC IN THE PARK
Free event in each park 11am - 3pm
Tue 31 Jul Markeaton Park Wed 1 Aug Chaddesden Park
Thu 2 Aug Darley Park, with DerwentWISE celebration

Craft and nature activities
'Try It' sessions
Derby Homes activity van
Face painting
DerwentWISE activities at Darley Park
Best dressed superhero competition
Plus much more!

inderby.org.uk/superhero

CHRISTMAS IN DERBY

inderby.org.uk
SCHOOL HOLIDAYS
PULL-OUT GUIDE

Thu 26 Jul - Sun 2 Sep | Sat 27 Oct - Sun 4 Nov | Sat 22 Dec – Sun 6 Jan

Loads of fun activities to choose from
Queen’s Leisure Centre
Springwood Leisure Centre
Derby Arena
Derby Libraries
Guildhall Theatre
Derby Parks

inderby.org.uk/family
inderby.org.uk/holidays
QUEEN’S LEISURE CENTRE

SUMMER HOLIDAYS
Thu 26 Jul - Sun 2 Sep

QUEEN’S LEISURE CENTRE

ADULT AND CHILD
Sessions for adults with children aged under 5.
Mon, Tue, Thu, Fri, 12 noon - 2pm
£4.50 adults, under 5’s free

FAMILY SPLASH SWIM OFFER
Family of 4 swim for £9 - Save £5.90*
Available during family splash sessions in school holidays
*Saving based on standard admission price
2 adults & 2 children 5+ yrs. Ts & Cs apply.

INTENSIVE LEARN TO SWIM
Our Learn to Swim scheme provides the opportunity for every individual to progress at their own pace achieving their own personal goals. These short courses allow your child to improve their stoke techniques or water confidence.
Pre-school lessons
Stages 1 - 3
Rookie Lifeguard
See nderby.org.uk/holidays for terms & conditions

POOL PARTY
Come and have fun as a family or with friends at our Pool Party. There will be music, floats and inflatables.
Under 8s - floats & inflatables
Over 8s - New float run
See website for prices

JUNIOR AQUA
Health & fitness swim sessions for those aged 11 to 16 years. A fun workout to music in water.
Wed 2pm - 2:45pm
£2.65

See website for prices

inderby.org.uk/holidays
THIS GIRL CAN
Women and girls swim sessions.
Mon 12-1pm & Thu 7-8:30pm
£4.50 adults, £3.40 juniors

HAVE A GO WITH THE CLUBS
We have various clubs at Queen’s Leisure Centre. Why not come and try a session? For more details visit nderby.org.uk/holidays.

PUBLIC SWIM SESSIONS
See our programme online at nderby.org.uk/swim

TABLE TENNIS
45 minute table tennis sessions. Bats are provided. Balls available to buy.
Mon - Fri 9am - 4pm
£2.50 a table

MOVE & IMPROVE HIIT CLASS
A fun structured exercise session aimed at 12 to 16 year olds, using a mix of exercise activities such as aerobics, bodyweight training and HIIT combined with stretch work and upbeat choreography
Mon & Wed, 4pm - 4:45pm
£1.20

AGED 12 TO 16 YEARS?
Why not join The Movement, to access discounted gym sessions at Queen’s, Springwood & Derby Arena.
themovementderby.co.uk
DERBY ARENA

DERBY COUNTY Community Trust

Looking for something fun for the children over the school holidays? DCCT are offering the opportunity to attend multi-sport activity camps at Derby Arena which promises to be fun, educational and accessible for all.

For ages reception to year six, come and give your child a fantastic opportunity to try new sports such as football, cricket and rounders on our indoor courts.

Mon 30 Jul - Fri 3 Aug, 8:30am - 3pm
Mon 13 - Fri 17 Aug, 8:30am - 3pm
Tue 28 - Thu 30 Aug, 8:30am - 3pm

Only £13.50 per day
(Discount will be applied if booking for multiple days, please enquire for further details)

To book please contact 01332 416140
derbycountycommunitytrust.com

MULTI-SPORT ACTIVITY CAMP

HALF-PRICE RACKET SPORTS

Book a table tennis, badminton or pickleball court for half price.

Mon - Fri throughout holidays, 8am-4pm
(subject to availability)

inderby.org.uk/holidays
FAMILY TRACK CYCLING
Come with your family and try track cycling. You don’t need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

Mon 30 Jul 9:30am - 10:30am
Mon 6 Aug 9:30am - 10:30am
Mon 13 Aug 9:30am - 10:30am
Mon 20 Aug 9:30am - 10:30am
Mon 27 Aug 9:30am - 10:30am

1 adult & 1 child £20
1 adult & 2 children £31
2 adults & 2 children £42
2 adults & 1 child £36.50
2 adults 3 children £46.20
To book call Derby Arena on 01332 640011

LEARN TO RIDE
For children who are getting onto two wheels for the first time or those who have tried to ride and not quite got there! 50 minute lesson. For ages 5 and over.

Tue 31 Jul. Wed 3, Thu 9, Fri 10. Tue 14, Wed 15, Thu 23, Fri 24 Aug
First lesson 9am. Last lesson 4pm.

£15
To book call 01332 641747 or email cyclederby@derby.gov.uk

TRACK DAY
Morning session inside on the track Afternoon session outside skills. 9 - 16 years.

Thu 2 Aug, 10am - 3pm
Thu 16 Aug, 10am -3pm
Thu 30 Aug, 10am - 3pm

£25
To book call 01332 641747 or email cyclederby@derby.gov.uk

FAMILY TRACK CYCLING
Come with your family and try track cycling. You don’t need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

Mon 30 Jul 9:30am - 10:30am
Mon 6 Aug 9:30am - 10:30am
Mon 13 Aug 9:30am - 10:30am
Mon 20 Aug 9:30am - 10:30am
Mon 27 Aug 9:30am - 10:30am

1 adult & 1 child £20
1 adult & 2 children £31
2 adults & 2 children £42
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To book call Derby Arena on 01332 640011

LEARN TO RIDE
For children who are getting onto two wheels for the first time or those who have tried to ride and not quite got there! 50 minute lesson. For ages 5 and over.

Tue 31 Jul. Wed 3, Thu 9, Fri 10. Tue 14, Wed 15, Thu 23, Fri 24 Aug
First lesson 9am. Last lesson 4pm.

£15
To book call 01332 641747 or email cyclederby@derby.gov.uk

01332 641234 (see inside back cover for other ways to get in touch)
NINJA WARRIOR STYLE CIRCUIT SESSION
Let your mini ninjas have a go at completing our fun and challenging obstacle course, try time trials on your own and as part of a team. Coached activity. Age 5 - 12 years
Fri 27 Jul, 1:30pm - 2:30pm & 3pm - 4pm
Fri 10 Aug, 1:30pm - 2:30pm & 3pm - 4pm
Fri 24 Aug, 1:30pm - 2:30pm & 3pm - 4pm
£5 each

BOUNCY CASTLE AND SOFT PLAY SESSION
Bring your little ones and have great fun together on the bouncy castle and soft play. Age crawling to 6 years. Parents participate for free. Booking is recommended.
Every Thursday, 9:30am-11:30am & 1pm - 3pm
£3 each

DODGEBALL
A great team game where children throw balls at each other while avoiding being hit themselves.
Fri 3 Aug, 1:30pm - 2:30pm
Fri 17 Aug, 1:30pm - 2:30pm
Fri 31 Aug, 1:30pm - 2:30pm
£5 each

DISCO FEVER
Dance to the latest music, feel the beat and show us your moves! Under 12s.
Mon 6 Aug, 3pm - 4pm
Mon 20 Aug, 3pm - 4pm
£3 each

SPRINGWOOD LEISURE CENTRE
inderby.org.uk/holidays

Don’t forget that young people aged 12 - 16 can use our gym facilities for just £1.20. For more information visit nderby.org.uk/movement

inderby.org.uk/holidays
THE READING AGENCY AND LIBRARIES PRESENT

MISCHIEF MAKERS
SUMMER READING CHALLENGE 2018

There are plenty of pranks and a ton of fun waiting for you at your local library this summer with this year’s Beano themed challenge. Read six library books, collecting stickers as you go and a certificate to complete. Carry on and get a special wristband.

Events include storytelling, theatrical performance and fun interactive shows for under-fives.

Starts Saturday 14 July.

Pick up a booklet at your local library for more details.

Taking part in the Summer Reading Challenge helps children develop good reading skills and supports their learning at school.
HALF-PRICE RACKET SPORTS

Book a table tennis, badminton or pickleball court for half price.

Mon - Fri throughout holidays, 8am-4pm (subject to availability)

MULTI-SPORT ACTIVITY CAMP

For ages reception to year six, come and give your child a fantastic opportunity to try new sports such as football, cricket and rounders on our indoor courts; fun, educational and accessible for all.

Tue 30 Oct - Thu 1 Nov, 8:30am - 3pm

Only £13.50 per day
(Discount will be applied if booking for multiple days, please enquire for further details)

To book please contact 01332 416140
derbycountycommunitytrust.com

FAMILY TRACK CYCLING

Come with your family and try track cycling. You don’t need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

Mon 29 Oct, 9:30am - 10:30am
Fri 2 Nov, 11:30 - 12:30pm

1 adult & 1 child £20
1 adult & 2 children £31
2 adults & 2 children £42
2 adults & 1 child £36.50
2 adults 3 children £46.20

To book call Derby Arena on 01332 640011

Don’t forget that young people aged 12 - 16 can use our gym facilities for just £1.20. For more information visit nderby.org.uk/movement

HALF-PRICE RACKET SPORTS

Derby ARENA

Forwards high-quality racket sports at half price in our spacious indoor courts.

Mon - Fri throughout holidays, 8am-4pm (subject to availability)

TRACK DAY

Morning session inside on the track
Afternoon session outside skills. 9 - 16 years.

Thu 1 Nov, 1pm - 3pm
Fri 2 Nov, 1pm - 5pm

£25
To book call 01332 641747 or email cyclederby@derby.gov.uk

inderby.org.uk/holidays
SPRINGWOOD LEISURE CENTRE

DODGEBALL
A great team game where children throw balls at each other while avoiding being hit themselves.
Fri 2 Nov, 2:30pm - 3:30pm
£5 each

NINJA WARRIOR STYLE CIRCUIT SESSION
Let your mini ninjas have a go at completing our fun and challenging obstacle course, try time trials on your own and as part of a team. Coached activity. Age 5 - 12 years.
Fri 2 Nov, 1:30pm - 2:30pm & 3pm - 4pm
£5 each

DISCO FEVER
Dance to the latest music, feel the beat and show us your moves! under 12s.
Mon 29 Oct, 3pm - 4pm
£3 each

QUEEN’S LEISURE CENTRE

LEARN TO RIDE
For children who are getting onto two wheels for the first time or those who have tried to ride and not quite got there! 50 minute lesson. For ages 5 and over.
Mon 29 Oct, 9:30am - 4:30pm
Tue 30 Oct, 9:30am - 4:30pm
£15
To book call 01332 641747 or email cyclederby@derby.gov.uk

FAMILY SWIM SESSIONS
INTENSIVE LEARN TO SWIM COURSES
POOL PARTY WITH MUSIC, RAFTS AND INFLATABLES
SPLASH SESSIONS WITH RAFTS AND TOYS

For more information visit nderby.org.uk/holidays
CHRISTMAS HOLIDAYS
Wed 20 Dec - Tue 2 Jan

FAMILY FESTIVITIES AT MARKEATON PARK
Sat 1 - Sun 2 & Sat 8 - Sun 9 Dec
Markeaton Park
Free entry

THE CATHEDRAL QUARTER 3AAA CHRISTMAS ICE RINK
Fri 30 Nov - Sun 6 Jan
Market Place, Cathedral Quarter
£7.50 - £9.50

THE DINOSAUR WHO CAME FOR CHRISTMAS
Fri 7 - Sun 30 Dec
Guildhall Theatre
£11.50 - £13.50

JACK & THE BEANSTALK
Sat 8 Dec - Sat 5 Jan
Derby Arena
£14.75 - £32.75

inderby.org.uk/holidays
THEATRE & EVENTS

A WILD WALK
Fri 27 - Tue 31 Jul
Markeaton Park
£5 in advance, £8 on the day

MUSICAL THEATRE WORKSHOPS
Mon 30 Jul - Sat 4 Aug
Guildhall Theatre
£150

CURIOUS CREATURES
Thu 9 - Sat 11 Aug
Markeaton Park
£9

STONES & BONES
Thu 9 - Sat 11 Aug
Markeaton Park
£9

DESIGNASAUR WORKSHOP
Mon 29 Oct - Sat 3 Nov
Markeaton Park Community Room
£4.50, multibuy discounts available.

Find out more about these and other great events on pages 40 and 41 or visitinderby.org.uk/events

We offer a range sign language interpreted, captioned, audio described performances as well as some relaxed performance. Visitderbylive.co.uk/access for more information.

01332 255800 (see inside back cover for other ways to get in touch)
COLOURING FUN

Did you know that because dinosaurs lived such a long time ago, it is hard for scientists to figure out what colour they were. Some people say they were dull colours like a grey elephant but some people think they could have been really brightly coloured.

What colour do you think this dinosaur might be? Colour him in with your favourite colours.

Show us your fantastic work by posting on social media and tagging @inderby on Facebook or @_inderby on twitter.

HOW TO BOOK

To book the holiday activities in this pull-out guide or to buy tickets for a show, please contact the facility where the activity is taking place.

**SPRINGWOOD LEISURE CENTRE**
01332 664433
inderby.org.uk/springwood

**DERBY ARENA**
01332 660011
derbyarena.co.uk

**QUEEN’S LEISURE CENTRE**
01332 641444
inderby.org.uk/queens

**ALLELSTREE PARK GOLF COURSE**
01332 550616
inderby.org.uk/golf

**MOORWAYS STADIUM**
01332 641234
inderby.org.uk/moorways

**GUILDHALL THEATRE**
01332 255800
derbylive.co.uk

See back page for other ways to get in touch.
CRADLE CLUB
Cradle Clubs are free weekly sessions for parents and carers with babies to meet socially and have fun with their little ones. They offer a time to play, have fun, share stories, sing and laugh together. Staff will also provide the opportunity to hear and take part in stories, music, songs and rhymes.

For babies and children aged up to 2 years, with their parents or carers.

SHAKE, RATTLE & RHYMETIME
Free half hour sessions of music and rhymes. Rhymes and songs are a great way of helping your child acquire good language skills and can really help with their future learning.

For babies and toddlers aged up to three years, with their parents and carers.

CODING FOR 8 - 14 YEAR OLDS
Our Code Clubs are run by trained staff and volunteers at Riverside, Alvaston and Pear Tree libraries and teach children basic computer programming. New 20 week courses starting in Sep 2018. Code PLUS - four week chargeable course offering fun hands-on STEM activities combining code, design and electronics using Makey-Makeys, Microbits and Raspberry Pi. Check our website for next course dates.

Sessions are open to children aged 8 to 14.

EVERYTHING BEGINS WITH READING
Let us take the headache out and put the fun into your next birthday party. Our flexible range of packages have something to suit everyone. All parties require adult supervision. Optional extras can be added to your party package at Springwood Leisure Centre such as sensory toys, football goals and balls, smoke machine, giant games, glow sticks and party bags.

See nderby.org.uk/birthdays for more information and prices, or call 01332 641234.

**SPRINGWOOD LEISURE CENTRE | DERBY ARENA | QUEEN’S LEISURE CENTRE**

**BOUNCY_CASTLE AND SOFT_PLAY_PARTY**
**SPRINGWOOD LEISURE CENTRE | AGES 0-10**
Have your very own bouncy castle and softplay session for 2 hours. A sound system is provided for you to put on their favourite tunes and play party games. Tables and chairs for up to 20 children will be set up for your party brunch to give the kids some more energy ready to go again!

**DISCO_PARTY**
**SPRINGWOOD LEISURE CENTRE | AGES 5 -12**
Our studio’s lighting, mirrors and sound system provides the ideal atmosphere for this 2 hour disco party. We also provide a number of party props including inflatable instruments and a selfie frame. There is a separate room for kids and parents to chill out and get the party group fed, seating up to 20 children.

**TODDLER_TEA_PARTY**
**SPRINGWOOD LEISURE CENTRE | AGES 0 -5**
Have your very own teddy bear’s picnic in a cozy and fun setting. With soft play area, play kitchen with play food and teddies to join you and your friend’s picnic. Tables and chairs will be set up where you can provide your own party food, or if you prefer, a picnic blanket can be put on the mats for the real picnic experience.
Let us take the headache out and put the fun into your next birthday party. Our flexible range of packages have something to suit everyone.

All parties require adult supervision. Optional extras can be added to your party package at Springwood Leisure Centre such as sensory toys, football goals and balls, smoke machine, giant games, glow sticks and party bags.

Seeinderby.org.uk/birthdays for more information and prices, or call 01332 641234.

**BIRTHDAY PARTIES**

**SPRINGWOOD LEISURE CENTRE**

**DERBY ARENA | QUEEN’S LEISURE CENTRE**

**SPASH PARTY**

**QUEEN’S LEISURE CENTRE**

Splash parties at Queen’s Leisure Centre take place in the teaching pool for ages 0-8, and the Gala pool for 8+. You have access to the pool for an hour of swimming and splashing fun. Floats and toys are provided and the pool has a capacity of 40 people so there’s plenty of room to invite all your friends. Under 8s policy applies.

**TRACK CYCLING PARTY**

**DERBY ARENA | AGES 9+**

Try a party with a difference, ride the 42° Cycle Track at Derby Arena. Our coach will be there to organise and show the children how to ride, all equipment is included (bring trainers in case feet are too small for cleats). The track session lasts 1 hour.

**GOLF PARTY - CHOOSE FOOTGOLF OR PITCH & PUTT**

**MARKEATON PARK**

Try the latest craze which replaces a golf ball and club with a football and your foot! Or play a round of 9 holes of pitch and putt. Room hire with kitchenette is also available for you to continue the party after completing the round. Equipment hire available. Available March to October.
TEENAGERS

There’s plenty on offer for older children and teenagers.

JUNIOR GYM

Young people aged 12-16 can use our gym facilities for just £1.20 at Queen’s Leisure Centre, Springwood Leisure Centre and Derby Arena in our Movement gym sessions. Restrictions apply to use of free weights. For more information and Movement session times visit nderby.org.uk/movement

GOLF

Come and tee off at Allestree Park Golf Course. Under 16s can play this 18 hole course from £6. See page 38 for more information

#derbyfit  
themovementderby.co.uk

Join The Movement and take part in loads of fun activities. Get support to stop smoking, manage weight, get fitter and live life to the full!

- Gym and swim sessions for just £1.20 at Council leisure centres (12+)
- Confidential support to stop smoking (12+)
- 12 months support for children and families to manage weight (5-17)

Our Movement membership is available to young people aged 12 to 17 years.

To find out more visit themovementderby.co.uk
SKATE PARKS
Several of our parks have skate parks and BMX parks. Take a look on our website to find out more.

MUMS & DAUGHTERS FITNESS FRENZY
Every Wednesday, 7:10pm at Littleover Community Centre. Includes aerobics, Zumba, circuits and body conditioning for all levels. For more information visit themovementderby.co.uk

TRACK CYCLING
Young people from aged 12 years can feel the thrill of the Derby Arena cycle track. See page 8 for more information.

FIVERLIVE
16-26 year olds can join Derby LIVE’s fiverLIVE scheme to get access to £5 tickets for a range of shows. Visit derbylive.co.uk/fiverlive.

LIBRARIES
Our libraries have loads on offer whether it’s help with homework, somewhere to get online or broadening your horizons. Pear Tree Library runs a weekly drop in homework club in term-time on Wednesdays at 4:30pm.

LIVE IT ACTIVE CHILD
DCFC and Livewell offer a free and fun programme for 5 to 17 year olds to help them be more active and healthy. Find out more at livewellderby.co.uk
Derby has over 300 parks and open spaces. They’re jam-packed with things to do as a family, from play areas and skate parks to nature reserves and a butterfly garden.

Our parks are a great place to get healthy: they’re open to everyone and are free to use. Stay active by taking a walk, playing football or golf, or using our adiZone free outdoor gyms.

We also have lots of events taking place on our parks and open spaces throughout the year - have a look at our events programme at nderby.org.uk/whatson for more information.

**PLAYGROUND AND PLAY AREAS**

Derby has over 50 play areas, with loads to keep all ages happy including: giant basket swings, zip wires, mazes, sand pits, trampolines, swings, see-saws, skate parks, BMX parks, water play areas, climbing boulders and much more! Go online at nderby.org.uk/parks to find out more and plan your next visit.

**GOLF**

Crazy golf, pitch & putt, footgolf or an 18 hole course, Derby Parks have it all - find out more on page 38.

**NATURE & WILDLIFE**

Our parks, open spaces, woods and nature reserves offer fantastic opportunities to learn more as a family. Find nature walks and trails and plenty of resources online at nderby.org.uk/parks.

**ADIZONE GYMS**

Get active on one of our adiZone outdoor gyms.
BUGGY BABES
A great way to meet new mums and get fit at the same time, at Darley Park Mondays at 2pm or Thursdays at 10:30am.

JUNIOR PARKRUN
4-14 year olds can take part in a 2k run every Sunday at 9am at Markeaton Park. Find out more at parkrun.org.uk/markeaton

SKATE PARKS
Several of our parks have skate parks and BMX parks. The National BMX championships were held at Alvaston Park’s track, which is particularly user-friendly to BMX riders as well as skaters. A must visit for skating enthusiasts. Take a look on our website to find out more.

VOLUNTEER OPPORTUNITIES
Derby Parks volunteers contribute their time and energies to the conservation and development of Derby’s many green spaces. Why not join as a family? To find out more visit derbyparksvolunteers.co.uk

ALLOTMENTS
Get fit, get healthy and grow your own! There are 30 allotment sites within Derby, which means everyone can have an outside space of their own. Maintaining an allotment is great for keeping the children busy and there’s lots to be learnt about where food comes from and how to nurture and care for plants. Find out more at nderby.org.uk/parks.

FOOD AND DRINK
You can find refreshments kiosks and cafés in most of our parks, including the recently refurbished Orangery at Markeaton Park and Waterside Café at Alvaston Park. Drop in for drinks, ice creams, homemade cakes, light bites and meals. Special children’s menus are available in some venues.
**MUNDY PLAY CENTRE**

Lots of fun for all the family to enjoy, with exciting opportunities for children to climb, run, and play in a safe, engaging, fun environment. There’s plenty of new seating and picnic areas, so why not enjoy hot drinks, ice cream or a light snack from our kiosk.

Open all year round. Some activities only available 10.30am - 4.30pm at weekends, on bank holidays and in school holidays. The paddling pool is open every day from Sat 26 May - Tue 4 Sep
CRAFT VILLAGE

Why not have a look around the craft units?
Buy some duck food, paint a pot or visit the speciality chocolate shop.
Open from 10.30am - 4.30pm

EVENTS

There’s a year round programme of events at Markeaton Park, in 2017 we have hosted over 100 events including family fun days, food fairs, outdoor cinema & theatre, children’s workshops and family festivities. We’ve loads more great events planned for 2018. Find out more at inderby.org.uk/whatson

ALL KINDS OF GOLF

Markeaton Park is great for golf activities. We have Pitch & Putt, Crazy golf and Footgolf. See page 38 for more details.
GOLF

Derby Parks provide a fantastic range of opportunities to play golf. Whether it’s for fun with the family in a game of Crazy Golf, practicing your skills on the Pitch and Putt 9 hole course, having fun with friends on our Footgolf course on Markeaton Park or competing on our challenging 18 hole golf course in the picturesque setting of Allestree Park, we have something for everyone.

MARKEATON PARK

FOOTGOLF
A combination of the best of football and golf using a regular size football. To book call 01332 640789.

PITCH AND PUTT
Suitable for anyone aged 8 years old and over, all abilities welcome. No need to book just come along.

CRAZY GOLF
Enjoy fantastic family fun at our 18 hole Crazy Golf course within the Mundy Play Centre. No need to book just come along.

ALLESTREE PARK

All ages are welcome at this 18 hole course, set in mature parkland, through undulating landscape and tree-lined fairways making every golf hole a testing, but fair challenge.

Open every day 6:30am - 7pm. (1 Sep - 31 Mar, 7:30am - dusk.)
£10 per player Mon - Fri. £15 per player Sat & Sun.
Under 16s can play any day for £6
Twilight offer £5 after 5pm any day.

Book by calling 01332 550616, visit nderby.org.uk/golf.
Visit the new In Derby website for loads of great leisure and culture activities.

Don’t miss our Derby Active Guide and What’s On Guide.

inderby.org.uk
Events

For a full programme of events visit nderby.org.uk/events and derbylive.co.uk

Derby Caribbean Carnival
Watch the colourful parade process from Derby City Centre to Osmaston Park where a family fun day will be enjoyed by all ages. Take part in the 43rd Caribbean carnival activities and sample delicious Caribbean dishes.

Sun 15 Jul
Osmaston Park
Free entry, see on site for prices

The Derby Beach
The Beach will have an array of children’s and family attractions, a sandy beach, deck chairs, traditional seaside rock, candy floss, ice cream, walk on water balls and all the fun of the seaside right in the heart of Derby. Open daily weather permitting.

Sat 21 Jul - Sat 18 Aug
11am - 7pm
Market Place
Free entry, see on site for prices

Alvaston Park Family Fun Day
Alvaston’s largest annual fun day. Come along and enjoy live music, dance performances, good food, stalls, a funfair and lots of community spirit.

Sun 22 Jul, 4pm
Alvaston Park
Free entry

The Golden Thief of Marketeaton Park
Discover the rascal who has been stealing the King’s apples. Pit your wits against riddlers, puzzle makers and a tricky wolf. Babbling Vagabonds are back after five hugely popular Christmas shows in the Guildhall Theatre. This is an outdoor theatrical walk.

Fri 27 - Tue 31 Jul
£5 in advance £3 on the day (Free for under 3s)

Summer Theatre School 2018
Aimed at young people aged 8 - 16, this week long series of workshops is aimed at improving musical theatre skills. The workshops will centre on singing, acting and dancing performance techniques as well as general stage craft.

Mon 30 Jul - Fri 3 Aug, 9am - 5pm
Guildhall Theatre
£150

Fun Fair
A family fun fair with something for all ages.

Wed 8 - Sun 19 Aug
Markeaton Park
Free entry, see on site for prices

Stones & Bones and Curious Creatures
A marvellous mix of history and mystery! There will be thrills and spills galore, but also lots of laughs, plenty of puppets, songs, slapstick, tall tales and crazy characters!

Thu 9 - Sat 11 Aug
Markeaton Park
£9

Dig On For Victory
The friends of Markeaton Park are bringing a 1940s themed family festival including craft fair and entertainment. Bringing history alive!

Sun 26 Aug, 11am
Markeaton Park
Free

We offer a range sign language interpreted, captioned, audio described performances as well as some relaxed performance. Visit derbylive.co.uk/access for more information.
Fri 30 Nov - Sun 6 Jan
Market Place, Cathedral Quarter
£7.50 - £9.50

This promises to be an exciting weekend of racing showcasing the best regional and national riders. This is the third time Derby Arena has hosted the national title race and we expect it to be as fast paced and exciting as previous years.

Sat 13 & Sun 14 Oct
Derby Arena
£12 a day

Join Derby Festé to celebrate 250 years of circus. The city comes to life with world-class performances including daring acrobatics, energetic parkour and a stunning parade. For more details please visit derbyfeste.com
Thu 27 - Sat 29 Sep
City Centre

Come along and be part of the crowd at one of the UK’s biggest outdoor classic concerts, in the stunning natural amphitheatre that is Darley Park. An evening of classic music and fireworks. Don’t forget your picnic.
Sun 2 Sep, gates from 2pm, concert starts 6pm
Darley Park
£7.50 on the day (from £2.50 in advance)
Under 16s £2.50 on the day (from FREE in advance)

Fun workshops for anyone who loves everything Dinosaur! Become a dinosaur spotter, a dino sound maker and a dino egg specialist.
Mon 29 Oct - Sat 3 Nov
Markeaton Park
Community Room
1 ticket - £4.50
2 tickets £4 each,
3 or more tickets at £3.50 each
Adults free

A spin on the Ice Rink, made of real ice, is a fabulous festive treat!
Fri 30 Nov - Sun 6 Jan
Market Place, Cathedral Quarter
£7.50 - £9.50

Expect a Christmas cracker of a tale, crammed with goodies, baddies, and a whole lot of fun, as the team weave the story of a Christmas with an unexpected guest! With original music and puppets, we see what happens when it’s not just Gran who comes to stay.
Fri 7 - Sun 30 Dec
Guildhall Theatre
£11.50 - £13.50

Feel the Christmas spirit as you line up with other Santas to support Derby Hospitals Charity. This 5km fun run takes you on a route through the picturesque Markeaton Park and is suitable for everyone. Sign up at derbyhospitalscharity.org.uk
Sun 2 Dec, 11am - 2pm
Markeaton Park
£12, under 14s free

Free entry, see on site for attraction prices.
Sat 1 - Sun 2 Dec
Craft fair weekend
Sat 8 - Sun 9 Dec
Family workshops
Markeaton Park

Fee Fi Fo Fum, Derby Arena is in for some fun. The team behind the smash hit Beauty and the Beast are back with the BIGGEST pantos of them all. Book now - it’s the perfect treat for the whole family.
Sat 8 Dec 2018 - Sat 5 Jan 2019
Derby Arena
£14.75 - £32.75

01332 255800 (see back page for other ways to get in touch)
NEW

OPENING MON 2 JUL
Council House

LAUNCH WEEK
Taster sessions
and meet the
author events
Mon 2 - Sat 14 Jul

ACCESS TO COMPUTERS
DEDICATED CHILDREN’S AREA
REGULAR ACTIVITIES

inderby.org.uk/riversidelibrary

JOIN US ON SOCIAL MEDIA

inderby.org.uk/familyfun

Don’t forget to sign up for our In Derby e-newsletters. Just fill in your details at the bottom of the homepage of the In Derby website inderby.org.uk
CONTACT US

You can find detail for our all individual venues and facilities online or by contacting us.

**DERBY ACTIVE**
T: 01332 641234
E: leisure@derby.gov.uk
inderby.org.uk/active

**DERBY LIBRARIES**
T: 01332 641701
E: libraries@derby.gov.uk
inderby.org.uk/libraries

**DERBY PARKS**
T: 01332 640789
E: parks@derby.gov.uk
inderby.org.uk/parks

**DERBY LIVE**
T: 01332 255800
E: derbylive@derby.gov.uk
derbylive.co.uk

**OTHER WAYS TO GET IN TOUCH**
Text 07812 301233
Minicom 01332 640666
Typetalk 18001 01332 640640

**ALTERNATIVE FORMATS**
We can give you this information in any other way, style or language that will help you access it. Please contact us on 01332 640640, email inderby@derby.gov.uk, text 07812 301233, minicom 01332 640666 or typetalk 18001 01332 640640.

**IN DERBY PRIVACY NOTICE**
We collect your personal data when you make a booking, take out a membership or request information from us. This is in order to fulfil your booking/membership; to contact you about any important changes to your booking/membership; and for certain legitimate business interests - these include using information we have about you and your relationship with us to inform you about similar services and activities that we think you might be interested in, by email, post and phone. Your personal data is also processed by our booking system suppliers and email & mail distribution services. Data may be shared with other selected organisations that use this to analyse patterns of attendance for national and regional research or monitoring purposes - a full list of these can be found in our privacy notice at inderby.org.uk/privacy, along with further information about how your personal information will be used. You can request a hard copy from inderby@derby.gov.uk
COMPETITION

Fill in the 9 missing words into the grid using the clues below. If you get them all right the grey boxes should spell another word which you can enter into our website to have a chance of winning a family swim pass, 1 hour family badminton or squash court booking, and a family ticket to see Jack and the Beanstalk at Derby Arena.

1. Where might you find a climbing frame and swings? (see p34 for a clue)
2. What is the area called where you play football? (see p9 for a clue)
3. Which member of The Six always wears orange? (see p3 for a clue)
4. What game involves trying to hit each other with balls? (see p22 for a clue)
5. Where does Stix like to hang out? (see p3 for a clue)
6. What type of party involves dancing and flashing lights? (see p30 for a clue)
7. What time of year can you see a pantomime? (see p16 for a clue)
8. What activity can you do on the computers at the library (see p29 for a clue)
9. Where does Flix like to go? (see p3 for a clue)

Enter the word you have discovered in the grey boxes at nderby.org.uk/competition, by 31 Nov 2018 to be entered into our prize draw.

Terms and conditions apply. Family ticket comprises of 2 adults and 2 under 16s.