Hello everyone, my name’s Stix and I’m super excited for everything going on in Derby!

My favourite place ever is the park and I can’t wait to get out and try the new Mini Golf and Disc Golf at Markeaton Park. I know my buddy Kix will come along and have a go with me, if he’s not too busy trying to race everyone on Queen’s Atlantis Splash Run. Our friend Trix will come too, but only if we go track cycling with him at Derby Arena! I know Vix will be spending her summer in the library with her head in space, she’ll be taking part in the Space Chase Summer Reading Challenge and when summer ends she’ll just keep reading.

We’ve put Clix in charge of the picnic for The Hannell’s Darley Park Concert this year so we know it will be the best evening ever. Flix has got The Six all ready for Christmas with tickets to see Peter Pan at Derby Arena, we loved seeing Jack and the Beanstalk so we’re all dead excited for it!

The Six are a group of friends who live in Derby and love all the great activities on offer around the city. Join them in Derby’s parks, leisure centres, libraries and the Guildhall Theatre for loads of fun things to do.

Look out for them around the school holidays when there will be special programmes of activities across our facilities. Every school holiday programme can be found on our website visit ilderby.org.uk/holidays.

You can also find The Six online at ilderby.org.uk/six with lots of great games, colouring sheets and fun things to do.

Don’t miss our Derby Active guide and Derby LIVE What’s On guide.
SWIMMING

At Queen’s Leisure Centre we have great opportunities for children to learn to swim and for the family to be active together. Take a look at our pool programme at inderby.org.uk/swim, which offers plenty of opportunity to swim as a family whether it’s for fun, relaxation or to keep fit.

PUBLIC SWIM

These sessions are for everyone – enjoy swimming at your own pace. Families can enjoy the pool together in this open session.

DISABLED SWIMMERS

For adults and children with disabilities we have spacious disabled changing rooms and pool hoists. Admission is free for carers helping a disabled person take part in an activity and disabled swim lessons.

SCHOOL HOLIDAY POOL PROGRAMME

We offer a fantastic fun-filled holiday programme, find out more on page 16 or visit inderby.org.uk/holidays.

SWIM AS A FAMILY

You can swim in our public sessions, but we also have Family Splash sessions where there will be floats and toys to enjoy – why not try Atlantis Splash Run, an amazing inflatable which stretches the length of the gala pool, with giant obstacles for you to climb, scramble over and thrill seeking slides. (Ages 5+)

ADULT & CHILD

As a baby, your child can start learning the fundamentals of swimming. Adults with children under 5 years can come along to our fun Adult and Child sessions. There are toys and floats for the children to enjoy, which helps build their confidence in water.

POOL PROGRAMME

Queen’s Leisure Centre

We have a great range of different swimming sessions available to suit everyone. Look out for family splash and adult & child sessions as well as our public swim session which is open to everyone. Our programme does change from time to time so check online for the most up to date times. The full programme is available at inderby.org.uk/swim or you can call 01332 641444 to find out about the best sessions for you.

LEARN TO SWIM See p6 for our range of swimming lessons

inderby.org.uk/swim 01332 641444 (see inside back cover for other ways to get in touch)
LEARN TO SWIM

Our Learn to Swim programme at Queen’s Leisure Centre provides the opportunity for everyone regardless of age or ability to learn to swim at their own pace and achieve their own goals. Our qualified swim teachers will progress your child through the Swim England framework.

PRE-SCHOOL UNDER 5s
The Pre-School programme introduces pre-schoolers to swimming through fun and games. It also offers support for those learners who may have additional needs, requiring smaller steps. Look out for Discovery Ducklings coming soon.

4 TO 16 YEARS
Our stages cover a range of topics, including water confidence, safety, stamina, stroke technique and much more.
All stages are delivered based on the ability of each individual, so regardless of your child’s experience we will make sure they feel comfortable and help them to build their own confidence at their own pace.

Stage 1-7 For non-swimmers, from their first splash to becoming confident and having fun in water.
Stage 8-10 Discipline-specific and are taught to young people who want to take up competitive swimming or Rookie Lifeguard.

To book your lesson call 01332 641444 or visit nderby.org.uk/learntoswim

NEW SWIMMING POOL

Derby can look forward to a fun filled family adventure at the new swimming pool being built at Moorways.

Designed with families and children in mind, it will include a number of thrills and spills. There will be a water play structure, beach area, two flumes, a wave generating ‘wow’ ball, multi-slide and a wave rider.
It will also include soft play, 50m pool, learner pool, sauna & steam, gym and exercise studios.
Find out more at nderby.org.uk/newpool

Look out for Disney inspired Splash sessions at Queen’s Leisure Centre

Visit nderby.org.uk/familyswim

©Disney/Pixar
CYCLING

Do you want to try something different? Ride the track at Derby Arena, feel the energy rush and excitement as you ride the 42° incline. If you’re aged 12 (9 for family taster sessions) and over, why not come to Derby Arena and have a go?

Our highly-trained and experienced cycling instructors will be on hand to take you through the different stages to make you a confident rider.

To find out more and book your Stage One Track Cycling Taster session visit derbyarena.co.uk/cycling or call 01332 640011

SCHOOL HOLIDAYS
We have family sessions during school holiday periods, see page 16.

BIRTHDAY PARTIES
Book a cycling birthday party visit page 18 for more information.

Cycle Derby offer a wide range of cycling opportunities for children and the whole family to enjoy. At cyclederby.co.uk you’ll find a wealth of information to help you get started with cycling, find out about cycle routes, cycling events and races and much more.

Cycling

SPORTS COURTS

Our sports centres and parks offer a range of pitches and courts for you to hire for a quick game or as a regular booking for your family to enjoy. We have rackets and balls available to hire. For prices, more information or to book visit inderby.org.uk/sports or inderby.org.uk/parks or call 01332 641234.

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SPORT IN THE PARK

At Markeaton Sports Pavilion

Come along with family, friends or your local club or team. At Markeaton Park Pavilion we have amazing sporting activities for you all to enjoy.

Pitch & Putt/Footgolf/Disc Golf
per player, per round 9 holes
Additional Round (Per Person)
Group ticket (4 players)
Tennis Court per hour
(free courts available see website)

For information visit inderby.org.uk/markeatonsports

Cricket equipment available to hire for free, a refundable deposit will be required. The Sports Pavilion is open weekends, Bank Holidays and school holidays, 10.30am to 4pm (Easter to Oct). Tennis courts are open all-year, 8am to 6pm (daylight dependent) and can be booked online by visiting inderby.org.uk/tennis

Prices subject to change.

CYCLEABILITY

Bikeability cycling lessons and some after-school clubs are provided by Cycle Derby at Derby schools. Contact your school to find out what’s available.

Send a cycling birthday party visit page 18 for more information.

Holiday activities

Each school holiday there are a variety of cycling activities on offer, often at Derby Arena or Markeaton Park. Visit cyclederby.co.uk for details.

1332 641234 (see inside back cover for other ways to get in touch)
COACHING

There are lots of activities for children to take part in at our leisure facilities, including term-time coaching courses. Some courses are delivered by our own staff and others by clubs. These courses will encourage children to be active and learn new skills.

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Please contact the individual leisure centres to find out more and how to book or visit ilderby.org.uk/coaching

FACILITY HIRE

Do you run a local team or group and are looking for a venue?
We can accommodate block bookings, competition events or one day activity sessions.
Call 01332 641234 or email leisure@derby.gov.uk
Our gymnastic programme aims to ensure that every participant achieves their full potential whilst enjoying our coaching programme, which follows the British Gymnastics award scheme. There are sessions available for all ages, from walking-age up to 16 years.

For availability and prices call Springwood Leisure Centre on 01332 640333 or visit nderby.org.uk/gymnastics

**Beginner four to six year olds**
- Tue, 4-5pm
- Thu, 4-5pm
- Sat, 9-10am

**Beginner seven & above year olds**
- Tue, 6-7pm
- Thu, 6-7pm
- Sat, 10-11am & 12-1pm

**Intermediate seven & above year olds**
- Tue, 5-6pm
- Thu, 5-6pm
- Sat, 11am - 12pm

**Advanced seven & above year olds**
- Tue, 6-7:30pm
- Thu, 6-7:30pm
- Sat, 12-1:30pm

Our sessions introduce your little one to gymnastics in a fun and challenging way by exploring the soft play and gymnastics equipment. Children will start to learn basic fundamental movements which are the building blocks for a wide range of sports and will start to develop their confidence. As they grow, children will increase their strength and flexibility through fun themed activities.

Visit nderby.org.uk/gymnastics or call 01332 640333 for more information.

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**DERBY ACTIVE**

**Trampolining**

Our Trampolining courses provide a safe environment for children to learn new skills and increase their confidence on the trampoline. Suitable for ages between seven and 16.

Our classes follow the British Gymnastics Trampolining Award Scheme.

Trampolining courses run continuously throughout the year. Taster sessions are available. Call 01332 640333 to book yours.

**All abilities seven to sixteen year olds**
- Thu, 4:30-5:30pm
- Thu, 5:30-6:30pm
- Thu, 6:30-7:30pm

**Walking-age to three year olds**
- Parents participate
- Tue, 11:45am - 12:45pm
- Wed, 11:45am - 12:45pm

**Age three to fifth birthday**
- Tue, 10:45-11:45am
- Tue, 1:30-2:30pm
- Wed, 10:45am - 12:45pm
- Wed, 1:30-2:30pm

**BOUNCY CASTLE & SOFT PLAY**

Join us at Springwood Leisure Centre with your little ones and have great fun together on the bouncy castle and soft play equipment. Parents participate in the session with their child.

**Age 0 to six years**
- Thu 9:30-11:30am

£3 each child. Booking is advised, call 01332 640333.

Price and programme subject to change
UNDER FIVES

We’ve got plenty on offer to keep you and your under 5s occupied. From walks in the park or bouncing in our soft play sessions to storytime at the library or laughing along with our family panto.

DERBY ACTIVE

Start your child’s love of swimming from 3 months old with our Adult & Child sessions. We also have Splash sessions for the whole family to enjoy.

On the drier side, at Springwood Leisure Centre we have Bouncy castle and soft play sessions on Thursdays at 9.30am, and the Springtots gymnastics programme.

LIBRARIES

Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have board books, picture books, story books, audiobooks, ebooks, and much, much more! Bookstart is a national scheme giving free books to pre-school children - find out more on our website.

We run free Cradle Clubs and Shake, Rattle and Rhymetime sessions - visit our website for details of when and where each session takes place.

PARKS

A walk in the park is a great way to keep fit and meet up with friends. Most of our parks have play areas, the Mundy Play Centre at Markeaton Park has the most on offer, with the pirate ship, paddling pool and the Orangery Café to take a break.

If you’re looking to really get active, try Buggy Babes at Darley Park Mondays at 2pm or Thursdays at 10:30am, a great way to meet new mums and get fit at the same time.

DERBY LIVE

Your child’s first visit to the theatre is a magical time. We have a range of family shows at the Guildhall Theatre throughout the year. There’s also fun for the whole family with the annual pantomime at Derby Arena, for 2019 it’s Peter Pan. See page 28 for more.

SUPPORT FOR CHILDREN TO KEEP ACTIVE AND HEALTHY

Fun, free Live IT programme

Many parents in Derby are concerned about their children’s health and diet and may be unaware of the weight management support available to them for FREE.

In partnership with Derby County Community Trust, Livewell offers a fun 12-month programme for children aged five to 17 years called Live IT, which combines healthy eating messages with exciting ways to keep fit.

Making life easier for parents

Stephanie Thompson who leads the Live IT programme said: “We love to motivate kids to move and educate them on what they’re eating and drinking with the aim of making parents’ lives a lot easier at meal times. We also offer support for parents on how to help their child achieve and maintain a healthy weight by making healthier choices, getting more active as a family and spending less time sitting.”

Kalina’s story

Kalina has been on the Live IT programme for nine months. In that time she’s lost weight, improved her physical activity levels and her supportive parents have got behind her. Although, as a family, they’ve always tried to eat healthily, Kalina’s attendance at these sessions has helped her to make better food choices as well as take an interest in new recipe ideas. As a result, she has been encouraging them all to try healthier foods.

Kalina’s dad Joe said: “Kalina started the programme after being recommended to the sessions by her school. She enjoys it and is excited to come every week to see her friends and take part in the games. Kalina has improved her fitness levels and is certainly very motivated. She swims twice a week, attends the Live IT club and has tried new clubs at school too. Kalina encourages us to go to the gym on a Saturday morning, so it’s great for all of us.”

Interested?

Parents/carers can find out more through meetings at Oxygen Freejumping Trampoline Park where they can chat to the team whilst their child enjoys a free bounce. To find out more and to sign up, go to livewell.derby.co.uk
Our Derby Six have fun, exciting, outrageous activities for all ages to enjoy during school holidays. Choose from a mega programme of activities including Atlantis Splash, mini golf, family track cycling, ninja circuits, junior gym, family splash with floats and toys, family theatre shows, inflatable fun in the pool, discos, high ropes courses, balance bikes, all day multi-sports activity camps, racket sports, top up learn to swim lessons, Mundy Play Centre, dodgeball, reading challenges, tennis and lots more... no need to be bored!

For the full holiday programme visit nderby.org.uk/holidays
PULL-OUT GUIDE
Sat 27 Jul - Thu 5 Sep 2019  Loads of fun activities to choose from

Springwood Leisure Centre  Derby Parks  Moorways Stadium  Queen’s Leisure Centre  Derby Arena

inderby.org.uk/holidays  Twitter  Facebook

inderby.org.uk/family  inderby.org.uk/holidays

Queen’s Leisure Centre

Derby Libraries

Moorways Stadium

Derby Arena

inderby.org.uk/holidays
FAMILY TRACK CYCLING
Come with your family and try track cycling. You don’t need any experience; our qualified coaches will provide advice and the correct equipment for you to enjoy this fantastic sport. 9 years and over, please wear trainers.

Mondays, 12–1pm
29 Jul
5, 12, 19 & 26 Aug
2 Sep
1 adult & 1 child £20
1 adult & 2 children £31
2 adults & 2 children £42
2 adults & 1 child £36.50
2 adults & 3 children £46.20
To book call Derby Arena on 01332 640011

BALANCE BIKES
Fun on two wheels for 2-4 year olds, covering their first time on the bike and for those with some prior experience some skills and games. Bike and helmet is included. A guardian must be present at all times during the session.

Mondays, 12–12:30pm
29 Jul
5, 12 & 19 Aug
2 Sep
Child £3
To book call Derby Arena 01332 641747

MECHANIC COURSE
Anyone wishing to brush up on their bike maintenance for the summer, come along to our sessions delivered by our qualified mechanic. The workshop will include checking a puncture, basic safety checks and small brake and gear adjustments.

Mondays, 1:30–2pm
29 Jul
5, 12 & 19 Aug
2 Sep
FREE
Just come along with your bike!

LED RIDES FOR THE FAMILY
For those new to cycling, looking to gain more confidence on the road or just after a social ride then come along to our led rides. Based at Derby Arena, parking is free for 3 hours, all routes will start and stop from the facility and there will be a chance to socialise at the café after. Suitable for road and hybrid bikes. Ages 12 and upwards.

Wednesdays
24 & 31 Jul
7, 14 & 21 Aug
For dates and how to book visit letstride.co.uk/guided-rides

DERBY ARENA
MULTI-SPORT ACTIVITY CAMP
Derby County Community Trust are offering the opportunity to attend multi-sport activity camps at Derby Arena which promises to be fun, educational and accessible for all. Activities include football, cricket and rounders on the indoor courts.
For ages reception to year six.
SUMMER DATES
30 Jul - 1 Aug, 8:30am - 3:30pm
13 Aug - 15 Aug, 8:30am - 3:30pm
27 Aug - 29 Aug, 8:30am - 3:30pm

OCTOBER DATES
29 - 31 Oct, 8:30am - 3:30pm
£15 per day, book 5 or more days to receive 20% off!!
To book please contact 01332 416140 derbycountycommunitytrust.com

HALF-PRICE RACKET SPORTS
Book a table tennis, badminton or pickleball court for half price.
Mon–Fri throughout holidays, 8am - 4pm
(subject to availability)

DERBY COUNTY Community Trust
That Derby Pride
inderby.org.uk/holidays
01332 640011 (see inside back cover for other ways to get in touch)
QUEEN’S LEISURE CENTRE

PUBLIC SWIM SESSIONS
A session for everyone, to swim at your own pace with your family.

ADULT AND CHILD
Sessions for adults with children aged under 5, in the teaching pool with toys and floats.

FLOAT RUN SPLASH
A new challenge awaits, can you run the gauntlet on our NEW Float Run? Challenge your friends and family to get to the end without making a splash.

FAMILY SPLASH
Fun for all the family with floats and pool toys.

FAMILY SPLASH SWIM OFFER
in school holidays
FAMILY OF 4 SWIM FOR £9.50
Save up to £6.80
T&Cs apply.

ATLANTIS SPLASH RUN
Outrageous thrill seeking fun for all the family on our NEW giant inflatable assault course which stretches the length of the Gala pool. Suitable for 5+ years and over. We advise to book in advance and arrive 15 minutes before the session starts.

inerby.org.uk/holidays

MARKEATON SPORTS PAVILION

THE MOVEMENT
AGED 12 TO 16 YEARS?
Why not join The Movement, to access discounted gym sessions at Queen’s, Springwood & Derby Arena.
inderby.org.uk/movement

QUEEN’S LEISURE CENTRE

DERBY ACTIVE
LEARN TO SWIM
LEARN A NEW SKILL | HAVE FUN | GET SWIMMING

ADULT Lessons
Disability swimming
Children from 3 months
Children 4+ years
inderby.org.uk/learntoswim

FLAT RUN SPLASH
Outrageous thrill seeking fun for all the family on our NEW giant inflatable assault course which stretches the length of the Gala pool. Suitable for 5+ years and over. We advise to book in advance and arrive 15 minutes before the session starts.

inderby.org.uk/markeaton

TENNIS COURTS
PITCH & PUTT
FOOTGOLF

A new Wild Walk and outdoor theatre adventure for summer 2019. Suitable for all the family.

inderby.org.uk/markeaton

MON 5 - SAT 10 AUG, 11AM & 2PM
Markeaton Park
£9, under 3’s free

inderby.org.uk/learntoswim

INDERBY.ORG.UK

01332 641234 (see inside back cover for other ways to get in touch)
## ACTIVITY PLANNER

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For the full holiday programme visit [inderby.org.uk/holidays](http://inderby.org.uk/holidays)
UNDER 8S INFLATA SPLASH
Come and make a splash on our NEW Inflatable Lobster, for under 8s with adult supervision.

LEARN TO SWIM TOP-UPS
Exclusive for children on our Learn to Swim programme. These Top-Up lessons will support children to assist them to progress quicker to their next swim stage. For more information call 01332 640444.

For the pool programme, session times and prices visit inderby.org.uk/holidays or call 01332 640444. Under 8s policy applies please see our website for details.

01332 640444 (see inside back cover for other ways to get in touch)

COLOURING FUN
**Let your mini ninjas have a go at completing our fun and challenging obstacle course, try time trials on your own and as part of a team.**

**Ages 5-12**

**Fri 2 Aug, 1:30–2:30pm or 3–4pm**

**Fri 30 Aug, 1:30–2:30pm or 3–4pm**

£5

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**DODGEBALL**

Duck, dodge and dive your way through this fast and fun team sport. Learn the basic skills and some team drills before the game begins. Come and join us, make your team victorious!

**Ages 7-12**

**Wed 14 Aug, 1-2pm**

**Wed 21 Aug, 1-2pm**

£5

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**NINJA WARRIOR STYLE CIRCUIT SESSION**

Let your mini ninjas have a go at completing our fun and challenging obstacle course, try time trials on your own and as part of a team.

**Ages 5-12**

**Fri 2 Aug, 1:30–2:30pm or 3–4pm**

**Fri 30 Aug, 1:30–2:30pm or 3–4pm**

£5

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**SPRINGWOOD LEISURE CENTRE**

**BOUNCY CASTLE AND SOFT PLAY**

Come with your little ones and have great fun together on the bouncy castle and soft play.

**Ages 0-6, with parent participation.**

**Wednesdays**

9:30-11:30am

1, 8, 15, 22 & 29 Aug

5 Sep

£3.30

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**SPACE CHASE**

Summer Reading Challenge 2019

Join the super space family, The Rockets in an out-of-this-world adventure with a thrilling mission to track down books stolen by mischievous aliens.

The challenge is to read six library books, collecting rewards along the way, with a certificate on completion and a special extra award for reading four extra books. Children can read any books they like - stories, fact books, picture books. Audio books and eBooks also count.

The challenge is supported by a programme of free events. Pick up a brochure at your local library for more details.

Children can sign up at any library in Derby from Saturday 13 July. The Challenge ends on Saturday 14 September 2019.

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**CREATING HAPPY, HEALTHY AND ACTIVE EXPERIENCES FOR YOUR CHILD DURING SCHOOL HOLIDAYS!**

Whether you are looking for a day out for your child or a week of childcare we can guarantee your child a fun-filled time on our active camps.

There are over 20 sports on offer, you’ll find everything from Zorb Football to Cricket, Archery to Frisbee, Glow Sports to Tennis - there is something for everyone! The courses are open to children aged 4 to 13 years and are delivered by our dedicated and highly qualified team who’ll ensure your children are well cared for and go home having had the best time ever!

To book visit progressive-sports.co.uk or call 01332 869415

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iderby.org.uk/holidays

01332 641234 (see inside back cover for other ways to get in touch)
MOORWAYS STADIUM

MOORWAYS STADIUM

MULTI-SPORTS CAMP

This exciting full day programme will include a variety of sports including athletics, football, handball, dodgeball, orienteering and touch rugby. Our Level 2 Coach will provide engaging, fun and action packed sessions that will also develop communication, teamwork and the use of motor skills.

Ages 8-14

29 Jul - 16 Aug
Mon, Wed & Fri,
9am - 3pm

£16 each day
Extend your stay 8am to 4pm for £5 a day

To book call 01332 342934, 07812 300709 or email stadium.moorways@derby.gov.uk

DERBY LIVE  DERBY PARKS

Join us from June for an extended season of outdoor theatre & cinema in the picturesque setting of the Craft Village.

derbylive.co.uk | 01332 255800  
inderby.org.uk/markeaton  
inderby.org.uk/markeaton

For full programme of the summer holiday programme and how to book visit nderby.org.uk/holidays or call 01332 641234

The programme in this booklet is subject to change.
Let us take the headache out and put the fun into your next birthday party. Our flexible range of packages have something to suit everyone. All parties require adult supervision. Optional extras can be added to your party package at Springwood Leisure Centre such as sensory toys, football goals and balls, smoke machine, giant games, glow sticks and party bags. See inderby.org.uk/birthdays for more information and prices, or call 01332 641234.

**BOUNCY CASTLE AND SOFT PLAY PARTY**
**SPRINGWOOD LEISURE CENTRE**
Have your very own bouncy castle and softplay session for 2 hours. A sound system is provided, tables and chairs can be set for up to 20 children to have a party brunch.
_Ages 0-10_

**DISCO PARTY**
**SPRINGWOOD LEISURE CENTRE**
Our studio’s lighting, mirrors and sound system provides the ideal atmosphere. We provide a number of party props including inflatable instruments and a selfie frame. There is a separate room for kids and parents to chill out and get the party group fed, seats up to 20.
_Ages 5-12_

**TODDLER TEA PARTY**
**SPRINGWOOD LEISURE CENTRE**
Have your very own teddy bear’s picnic in a cosy and fun setting. With soft play area, play kitchen with play food and teddies to join you and your friend’s picnic. Tables and chairs will be set up where you can provide your own party food, or if you prefer, a picnic blanket can be put on the mats for the real picnic experience.
_Ages 0-5_

**FOOTBALL PARTY**
**DERBY ARENA & MOORWAYS**
Have an amazing birthday kick-about, loads of fun and maybe some healthy competition between friends. All equipment is provided. Pitches at Derby Arena are indoor, and Moorways outdoor.
_Ages 5-15_

**TRACK CYCLING PARTY**
**DERBY ARENA**
Try a party with a difference, ride the 42° Cycle Track at Derby Arena. Our coach will be there to organise and show the children how to ride, all equipment is included (bring trainers in case feet are too small for cleats). The track session lasts 1 hour.
_Ages 9+

**POOL PARTY**
**QUEEN’S LEISURE CENTRE**
Make a birthday splash with friends in the pool, have amazing water fun with toys and floats.
_Ages 0-10 in the Teaching pool

**ATLANTIS SPLASH RUN**
**QUEEN’S LEISURE CENTRE**
Have a birthday to remember with outrageous water challenges on our amazing inflatable obstacle course in the Gala pool. You, friends and family will climb and scramble over this huge obstacle course in the water, a party for adventurous thrill seekers!
_Ages 5+

**GOLF PARTY**
**CHOOSE FOOTGOLF OR PITCH & PUTT**
**MARKEATON PARK**
Try the latest craze which replaces a golf ball and club with a football and your foot! Or play a round of 9 holes of pitch and putt. Room hire with kitchenette is also available for you to continue the party after completing the round. Equipment hire available. Available March to October.

**INFLATA PARTY**
**QUEEN’S LEISURE CENTRE**
A great party for younger children in the family pool with toys, floats and our inflatable Lobster.
_Ages 0-8 in the Teaching pool

**BIRTHDAY PARTIES**

Terms and conditions apply
TEENAGERS

There's plenty on offer for older children and teenagers.

JUNIOR GYM

Young people aged 12-16 can use our gym facilities for just £1.50 at Queen’s Leisure Centre, Springwood Leisure Centre and Derby Arena in our Movement gym sessions. Restrictions apply to use of free weights. For more information and Movement session times visit nderby.org.uk/movement

GOLF

Come and tee off at Allestree Park Golf Course. Under 16s can play this 18 hole course from £8. See page 26 for more information.

MUMS & DAUGHTERS FITNESS FRENZY

Every Wednesday, 7:10pm at Littleover Community Centre. Includes aerobics, Zumba, circuits and body conditioning for all levels. For more information visit derbycountycommunitytrust.com

SKATE PARKS

Several of our parks have skate parks and BMX parks. Take a look on our website to find out more.

TRACK CYCLING

Young people from aged 12 years can feel the thrill of the Derby Arena cycle track. See page 8 for more information.

LIVE IT

Derby County Community Trust and Livewell offer a free and fun programme for 5 to 17 year olds to help them be more active and healthy. Find out more at livewellderby.co.uk

LIBRARIES

Our libraries have loads on offer whether it’s help with homework, somewhere to get online or broadening your horizons. Riverside, Alvaston and Mickleover Libraries run Code Club for children every Saturday during term time.

FIVERLIVE

16-26 year olds can join Derby Live’s fiverLIVE scheme to get access to £5 tickets for a range of shows. Visit derbylive.co.uk/fiverlive.
Derby has over 300 parks and open spaces. They’re jam-packed with things to do as a family, from play areas and skate parks to nature reserves and a butterfly garden.

Our parks are a great place to get healthy; they’re open to everyone and are free to use. Stay active by taking a walk, playing football or golf, or using our adiZone free outdoor gyms.

We also have lots of events taking place on our parks and open spaces throughout the year – have a look at our events programme at inderby.org.uk/events for more information.

**PLAYGROUND & PLAY AREAS**

Derby has over 50 play areas, with loads to keep all ages happy including: giant basket swings, zip wires, mazes, sand pits, trampolines, swings, see-saws, skate parks, BMX parks, water play areas, climbing boulders and much more! Go online at inderby.org.uk/parks to find out more and plan your next visit.

**GOLF**

Mini Golf, Pitch & Putt, Disc Golf, Footgolf or an 18 hole course, Derby Parks have it all – find out more on page 26.

**SKEE PARKS**

Several of our parks have skate parks and BMX parks. The National BMX championships were held at Alvaston Park’s track, which is particularly user-friendly to BMX riders as well as skaters. A must visit for skating enthusiasts. Take a look on our website to find out more.

**ALLOTMENTS**

Get fit, get healthy and grow your own! There are 30 allotment sites within Derby, which means everyone can have an outside space of their own. Maintaining an allotment is great for keeping the children busy and there’s lots to be learnt about where food comes from and how to nurture and care for plants. Find out more at ilderby.org.uk/parks.

**FOOD AND DRINK**

You can find refreshments kiosks and cafés in most of our parks, including the recently refurbished Orangery at Markeaton Park and Waterside Café at Alvaston Park. Drop in for drinks, ice creams, homemade cakes, light bites and meals. Special children’s menus are available in some venues.

**BUGGY BABIES**

A great way to meet new mums and get fit at the same time, at Darley Park Mondays at 2pm or Thursdays at 10:30am.

**JUNIOR PARKRUN**

4-14 year olds can take part in a 2k run every Sunday at 9am at Markeaton Park. Find out more at parkrun.org.uk/markeaton

**VOLUNTEER OPPORTUNITIES**

Derby Parks volunteers contribute their time and energies to the conservation and development of Derby’s many green spaces. Why not join as a family? To find out more visit derbyparksvolunteers.co.uk

**FLYING COLORS**

**LOVE EXPLORING**

Download the app and discover more in our parks

inderby.org.uk/parks 01332 640789 (see inside back cover for other ways to get in touch)
MUNDY PLAY CENTRE

Lots of fun for all the family to enjoy, with exciting opportunities for children to climb, run, and play in a safe, engaging, fun environment. There’s plenty of new seating and picnic areas, so why not enjoy hot drinks, ice cream or a light snack from our kiosk.

Open all year round. Some activities only available 10:30am - 4:30pm at weekends, on bank holidays and in school holidays. The paddling pool is open every day from Sat 25 May – Sun 8 Sep.

PIRATE SHIP
ADVENTURE GALLEON

BOUNCY CASTLES

SPIDER’S WEB
CLIMBING ROPES

PIRATE SHIP
ADVENTURE GALLEON

BOUNCY CASTLES

SPIDER’S WEB
CLIMBING ROPES

PADDLING POOL

CAROUSEL & BUNGEE

KIOSK REFRESHMENTS

SPIDER’S WEB
CLIMBING ROPES

PIRATE SHIP
ADVENTURE GALLEON

BOUNCY CASTLES

KIOSK REFRESHMENTS

SPIDER’S WEB
CLIMBING ROPES

PIRATE SHIP
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CLIMBING ROPES

PIRATE SHIP
ADVENTURE GALLEON

BOUNCY CASTLES

KIOSK REFRESHMENTS

SPIDER’S WEB
CLIMBING ROPES

CRAFT VILLAGE

Why not have a look around the craft units? Buy some duck food, paint a pot or make models at Jumping Clay.
Open from 10:30am - 4:30pm.

ALL KINDS OF GOLF

Markeaton Park is great for golf activities. We have Pitch & Putt, Mini Golf, Disc Golf and Footgolf. See page 26 for more details.

EVENTS

There’s a year round programme of events at Markeaton Park, in the past year we have hosted over 100 events including family fun days, outdoor cinema & theatre, children’s workshops and family festivities. We’ve loads more great events planned for 2019/2020. Find out more at inderby.org.uk/events
 Derby Parks provide a fantastic range of opportunities to play golf. Whether it’s fun with the family in a game of Mini Golf, practicing your skills on the Pitch and Putt 9 hole course, having fun with friends on our Footgolf course or new Disc Golf at Markeaton Park or competing on our challenging 18 hole golf course in the picturesque setting of Allestree Park, we have something for everyone.

**MARKEATON PARK**

**FOOTGOLF**
A combination of the best of football and golf using a regular size football. To book call 01332 640789.

**PITCH AND PUTT**
Suitable for anyone aged 8 years old and over, all abilities welcome. No need to book, just come along.

**MINI GOLF**
Enjoy fantastic family fun at our 18 hole Mini Golf course within the Mundy Play Centre. No need to book, just come along.

Open 10:30am - 5pm, 25 Mar - 27 Oct, every weekend, bank holidays and all the school holidays.

**ALLESTREE PARK**
All ages are welcome at this 18 hole course, set in mature parkland, through undulating landscape and tree-lined fairways making every golf hole a testing, but fair challenge.

Open every day 6.30am - 7pm. (1 Sep - 31 Mar, 7:30am - dusk.)
£12 per player Mon-Fri, £15 Sat & Sun.
Under 16s can play any day for £8
Twilight offer £5 after 5pm any day.
Book by calling 01332 550616, visit nderby.org.uk/golf.
Prices subject to change.

**DISC GOLF**
New for 2019, Disc Golf is a flying disc sport in which players throw a disc at a target. Fun for all the family.

**SUMMER READING CHALLENGE**
Join the Space Chase Summer Reading Challenge 2019, inspired by the 50th anniversary of the first moon landing. Read six books of your own choice and collect awards as you go. Taking part helps children become confident and enthusiastic readers and supports their learning. The Challenge starts on Saturday 13 July and there will be a programme of free events in Derby libraries.

For children aged from 4 to 11 years

**EVERYTHING BEGINS WITH READING**
Children of all ages are welcome in our libraries, even the youngest babies can have their own library ticket! We have board books, picture books, story books, audiobooks, ebooks, and much, much more! Bookstart is a national scheme giving free books to pre-school children - find out more on our website.

We run a range of free activities for children, see below for details, and visit our website for details of when and where each session takes place.

**HOMEWORK & STUDY SUPPORT**
We provide and promote a safe, welcoming, accessible environment with appropriate facilities and resources to help children and young people with their homework and study assignments.

**SHAKE, RATTLE & RHYMETIME**
Free half hour sessions of music and rhymes. Rhymes and songs are a great way of helping your child acquire good language skills and can really help with their future learning.

For babies and toddlers aged up to three years, with their parents and carers.

**CODING FOR 8-14 YEAR OLDS**
Code Clubs are run by trained staff and volunteers at Riverside, Alvaston and Mickleover libraries and teach children basic computer programming. New 20 week courses starting in Sep 2019. Code PLUS - four week chargeable course offering fun hands-on STEM activities combining code, design and electronics using Makey-Makeys, Microbits and Raspberry Pi. Check our website for next course dates.

Sessions are open to children aged 8 to 14.

In order to access our websites, please ensure your device complies with the operating system requirements.
**EVENTS**

**ALVASTON PARK COMMUNITY FUN DAY**
Live music, dancers, dog show, fair rides, craft stalls and charity stalls. Selection of food and drinks, face painters, characters and model boats.

Sun 21 Jul, 12 noon - 4pm
Alvaston Park
Free

**CARIBBEAN CARNIVAL**
Come and see the 44th Caribbean carnival and watch the colourful parade process from Derby City Centre to Alvaston Park where a family fun day will be enjoyed by all ages.

Sun 21 Jul
Market Place
Free
Osmaston Park
£3, under 12s free

**CREATE A COMIC**
Create a story and turn it into a comic strip. After that, make printing plates and print them on a hand-built press, made out of a 150-year-old washing mangle. Suitable for children 5+; under 12s must be accompanied by an adult.

Sat 26 Oct, 10am
Markeaton Park Craft Village
£15.50, All materials provided

**SUPERHERO PICNIC IN THE PARK**
Dress up like a superhero, bring a picnic and enjoy the activities. Prizes for the best dressed superhero.

Thu 1 Aug
Free entry

**FESTIVAL OF MUSIC AND FLOWERS**
Relax and enjoy the Summer Flower display of the walled garden, whilst listening to talented local musicians.

Sun 25 & Mon 26 Aug
Markeaton Park
Free

**DERBY LIVE**

**PROFESSOR BRIAN COX**
Universal World Tour 2019
A fascinating insight into the workings of nature at the most fundamental level. Under 16s must be accompanied by an adult.

Sun 1 Sep
Darley Park
£7.50 - £2.50 on the day
From £3.50 & Free (U16s) in advance

**JINGLE JOG**
Feel the Christmas Spirit as you line up with other ‘santas’ to support your local hospital charity. The Jingle Jog takes you on a 5km (3.1 miles) route around the picturesque Markeaton Park.

Sun 1 Dec, 11am - 2pm
Free entry
See website for attraction prices

For a full programme of events visit [inderby.org.uk/events](http://inderby.org.uk/events) and [derbylive.co.uk](http://derbylive.co.uk)

**Derby Hospitals Charity**
**DERBY HOSPITALS CHARITY JINGLE JOG**
Feel the Christmas Spirit as you line up with other ‘santas’ to support your local hospital charity. The Jingle Jog takes you on a 5km (3.1 miles) route around the picturesque Markeaton Park.

Sun 1 Dec, 11am - 2pm
Markeaton Park
£12 registration fee

**DARLEY PARK CONCERT**
An evening of classic music and fireworks.

Sun 25 & Mon 26 Aug
Free

**FESTIVAL OF MUSIC AND FLOWERS**
Relax and enjoy the Summer Flower display of the walled garden, whilst listening to talented local musicians.

Sun 25 & Mon 26 Aug
Free

**CARIBBEAN CARNIVAL**
Come and see the 44th Caribbean carnival and watch the colourful parade process from Derby City Centre to Alvaston Park where a family fun day will be enjoyed by all ages.

Sun 21 Jul
Market Place
Free
Osmaston Park
£3, under 12s free

**SUPERHERO PICNIC IN THE PARK**
Dress up like a superhero, bring a picnic and enjoy the activities. Prizes for the best dressed superhero.

Thu 1 Aug
Free entry

**FAMILY FESTIVITIES**

**JAW-DROPPING MORGAN BRIND**
Join us for an awfully big adventure this Christmas as a brand-new swashbuckling pantomime sets sail for Derby Arena.

Sat 7 Dec - Sat 4 Jan
Derby Arena
£32.75 – £14.75

**PROFESSOR BRIAN COX**
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A fascinating insight into the workings of nature at the most fundamental level. Under 16s must be accompanied by an adult.

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Darley Park
£7.50 - £2.50 on the day
From £3.50 & Free (U16s) in advance

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Sun 21 Jul
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Free
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Thu 1 Aug
Free entry

**FESTIVAL OF MUSIC AND FLOWERS**
Relax and enjoy the Summer Flower display of the walled garden, whilst listening to talented local musicians.

Sun 25 & Mon 26 Aug
Free
New
COMING SOON

NORMANTON LIBRARY

St Augustine’s Community Centre
The new Normanton Library is coming to St Augustine’s Community Centre this Autumn providing access to computers, a dedicated children’s area and regular activities. As well as a great range of books available to borrow, the library will aim to focus more on providing a variety of sessions for the local community.

Open from Autumn
Mon, 9:30am – 5pm
Wed, 9:30am – 7pm
Thu, 1pm – 5pm
Sat, 9:30am – 1pm
Fri, 9:30am – 5pm

inderby.org.uk/normantonlibrary

KEEP UP TO DATE WITH OUR LIBRARIES E-NEWSLETTER!

For regular news and information on latest releases, audiobooks and library events sign up to our Libraries e-newsletter. You will receive updates on new, exciting titles, the latest audiobook releases as well as a list of events taking place in your local Derby City Council library. Find out more and sign up at inderby.org.uk/libraries

Fostering can give an immense feeling of achievement and personal satisfaction.

Find out more at derby.gov.uk/fostering
or call the fostering team on 01332 640880

CHANGE A LIFE.
FOSTER FOR DERBY CITY COUNCIL

CONTACT US

You can find detail for our all individual venues and facilities online or by contacting us.

DERBY ACTIVE
T: 01332 641234
E: leisure@derby.gov.uk
inderby.org.uk/active

DERBY LIBRARIES
T: 01332 641701
E: libraries@derby.gov.uk
inderby.org.uk/libraries

DERBY PARKS
T: 01332 640789
E: parks@derby.gov.uk
inderby.org.uk/parks

DERBY LIVE
T: 01332 255800
E: derbylive@derby.gov.uk
derbylive.co.uk

OTHER WAYS TO GET IN TOUCH

Text 07812 301233
Minicom 01332 640666
Typetalk 18001 01332 640640

f@InDerby
@_InDerby

ALTERNATIVE FORMATS

We can give you this information in any other way, style or language that will help you access it. Please contact us on 01332 640640, email inderby@derby.gov.uk, text 07812 301233, minicom 01332 640666 or typetalk 18001 01332 640640.

Tuto informáciu vám môžeme poskytnúť iným spôsobom, štýlom alebo v inom jazyku, ktorý vám pomôže k jej sprístupneniu. Skontaktujte nás prosím na tel.: 01332 640640  Minicom  01332 640666
01332 640640

Aby ułatwić Państwu dostęp do tych informacji, możemy je Państwu przekazać w innym formacie, stylu lub języku.
Prosimy o kontakt: 01332 640640  Tel. tekstowy: 01332 640666

IN DERBY PRIVACY NOTICE

We collect your personal data when you make a booking, take out a membership or request information from us. This is in order to fulfil your booking/membership; to contact you about any important changes to your booking/membership; and for certain legitimate business interests - these include using information we have about you and your relationship with us to inform you about similar services and activities that we think you might be interested in, by email, post and phone. Your personal data is also processed by our booking system suppliers and email & mail distribution services. Data may be shared with other selected organisations that use this to analyse patterns of attendance for national and regional research or monitoring purposes. A full list of these can be found in our privacy notice at inderby.org.uk/privacy, along with further information about how your personal information will be used. You can request a hard copy from inderby@derby.gov.uk

inderby.org.uk/familyfun
01332 640640 (see inside back cover for other ways to get in touch)
COMPETITION

Enter the word you have discovered in the grey boxes at nderby.org.uk/competition, by 20 Dec 2019 to be entered into our prize draw.

Terms and conditions apply. Family ticket comprises of 2 adults and 2 under 16s.

Great prizes to be won!

JOIN US ON SOCIAL MEDIA

InDerby  derbylive  derbyarena  springwoodleisurecentre  derbycitylibraries  DerbyParks

Don’t forget to sign up for our In Derby e-newsletters. Just fill in your details at the bottom of the homepage of the In Derby website nderby.org.uk